

Speiseplan Mensa Weingarten

our culinary offers from 29/04/2024 until 03/05/2024

	monday	tuesday	wednesday	thursday	friday
Seezeit-Teller	chickpea curry (coconut milk, leaf spinach, carrots) with bulgur (25a,33,34) served with oat yoghurt with apple pudding (25e,32a) 3,90 € 5,20 € 7,80 €	lasagne "bolognese" with organic beef (25a,28, 31,33,34) and tomato sauce (33,34) served with fresh fruit 3,90 € 5,20 € 7,80 €	closed 3,90 € 5,20 € 7,80 €	five rosemary hash browns with chives tomato sour cream (31) and salad garnish (carrots, courgette, radish) (34,36) served with peach-passion fruit yoghurt (31) 3,90 € 5,20 € 7,80 €	coalfish filett "a la Bordelaise" (25a,26) with white wine sauce (19,31,36) and potato pan (cauliflower, broccoli, leek) served with carrot salad (36) 3,90 € 5,20 € 7,80 €
KombinierBar	two rissoles (25a, 31,33,34) with mushroom cream sauce (31) 2,10 € 3,20 € 4,40 €	cauliflower-cheese medaillon (25a,31) with thyme sauce (33) 1,90 € 3,00 € 4,00 €		indian curry 2,10 € 3,20 € 4,40 €	kale-hemp-balls with raw vegetable salad (beetroot, apple, celery) (3,9,33,34,36) 1,90 € 3,00 € 4,00 €
vegetables	courgette - corn vegetable 0,90 € 1,00 € 1,30 €	mixed vegetables (33,34) 0,90 € 1,00 € 1,30 €		asia vegetables (2,4, 25a,30,31,33) 0,90 € 1,00 € 1,30 €	almond broccoli (32a) 0,90 € 1,00 € 1,30 €
side dishes	spaetzle (25a,25d,28) 0,90 € 1,00 € 1,30 €	fried potatoes 0,90 € 1,00 € 1,30 €	rice 0,90 € 1,00 € 1,30 €	mie-noodles (25a,28) 0,90 € 1,00 € 1,30 €	rosemary potatoes 0,90 € 1,00 € 1,30 €
	Rice 0,90 € 1,00 € 1,30 €	bread dumplings (25a,28) 0,90 € 1,00 € 1,30 €	potato wedges (25a) 0,90 € 1,00 € 1,30 €	Rice 0,90 € 1,00 € 1,30 €	bio penne (25a) 0,90 € 1,00 € 1,30 €
	french fries 0,90 € 1,00 € 1,30 €	french fries 0,90 € 1,00 € 1,30 €		french fries 0,90 € 1,00 € 1,30 €	french fries 0,90 € 1,00 € 1,30 €

For any questions please contact our canteenmanager Dieter Seebold. Phone +49 7531-978 2340 E-mail: dieter.seebold@seezeit.com

Order of price quotation: students, staff, guests, pupils · Changes of our offer and the allergen labelling cannot be excluded. Please note our daily plans.

pork, = beef or veal = vegetarian, = lamb, = fish, = poultry, = venison, = vegan, = better animal husbandry, additives: 1) stain, 2) preservative, 3) antioxidant, 4) flavour enhancer, 5) sulphurated, 6) blackened, 7) waxed, 8) phosphate, 9) sweetener, 10) encloses a source of phenylalanine, 11) genetically modified, 12) encloses soya oil of genetically modified soya, 18) contains form meat, 19) contains alcohol, Allergens: 25) Cereal containing gluten: 25a) Wheat, 25b) Rye, 25c) Barley, 25d) Spelt, 25e) Oat, 25f) Kamut; 26) Fish; 27) Crustaceans (Shellfish); 28) Eggs; 29) Peanuts and Tree nut; 30) Soya bean products; 31) Milk, lactose; 32) Nuts: 32a) Almonds, 32b) Queensland nuts, 32c) Hazelnuts, 32d) Pecans, 32e) Brazil nuts, 32f) Macadamia nuts, 32g) Cashew nuts, 32h) Walnuts, 32i) Pistachios; 33) Celery; 34) Mustard; 35) Sesame; 36) Sulphur dioxide and sulfide over 10mg per kilo/liter; 37) Lupines; 38) Mollusk and similar products of 25 - 38 · We are certified according to the DE-eco-regulation and are constantly updated by the DE-ÖKO-005 control point.

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salad	<ul style="list-style-type: none"> mixed salad with herb dressing (34,36) 0,90 € 1,00 € 1,30 € tomato salad (36) 0,90 € 1,00 € 1,30 € 	<ul style="list-style-type: none"> mixed salad with herbs-yoghurt-dressing (31,36) 0,90 € 1,00 € 1,30 € coleslaw salad (white cabbage, carrot) (34,36) 0,90 € 1,00 € 1,30 € 		<ul style="list-style-type: none"> salad (cabbage, radicchio) with herb dressing (34,36) 0,90 € 1,00 € 1,30 € salad (paprika,corn,cucumber) (36) 0,90 € 1,00 € 1,30 € 	<ul style="list-style-type: none"> salad (cabbage, radicchio) with herbs-yoghurt-dressing (31,36) 0,90 € 1,00 € 1,30 € carrot salad (36) 0,90 € 1,00 € 1,30 €
dessert	<ul style="list-style-type: none"> oat yoghurt with apple pudding (25e,32a) 0,90 € 1,00 € 1,30 € 	<ul style="list-style-type: none"> fruit yoghurt with stracciatella flavour (31) 0,90 € 1,00 € 1,30 € 		<ul style="list-style-type: none"> peach-passion fruit yoghurt (31) 0,90 € 1,00 € 1,30 € 	<ul style="list-style-type: none"> pudding with vanilla flavour (31) 0,90 € 1,00 € 1,30 €
Pasta Tagespreis	<ul style="list-style-type: none"> bio-pasta (25a) with turkey lemon sesame sauce and peas (2,19,31,35,36) 	<ul style="list-style-type: none"> bio-pasta (25a) with sage and basil sauce and smoked bacon (2,3,31,34) 		<ul style="list-style-type: none"> bio-pasta (25a) with sage and basil sauce and smoked bacon (2,3,31,34) 	
Pasta vegetarisch Tagespreis	<ul style="list-style-type: none"> bio-pasta (25a) with thai vegetable sauce 	<ul style="list-style-type: none"> bio-pasta (25a) with spicy courgette pepper sauce 		<ul style="list-style-type: none"> bio-pasta (25a) with spicy courgette pepper sauce 	

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