

Speiseplan Mensa Ravensburg

our culinary offers from 28/09/2020 until 02/10/2020

	monday	tuesday	wednesday	thursday	friday
Seezeit-Teller	closed	closed	closed	closed	closed
	3,40 € 4,25 € 5,95 € 5,95 €	3,40 € 4,25 € 5,95 € 5,95 €	3,40 € 4,25 € 5,95 € 5,95 €	3,40 € 4,25 € 5,95 € 5,95 €	3,40 € 4,25 € 5,95 € 5,95 €
KombinierBar	pepper stuffed with vegetables 🌱 (25a,33,34) with tomato sauce (33,34) - or - pork schnitzel with wedges of lemon 🍋 (25a) and ketchup (9)	pork strips "Zurich style" 🌟 🍖 (3,31) - or - mushroom ragout made from cep, button-, oyster- & schiitake mushrooms 🍄 (3,31,33,34)	two meatballs 🌟 🍖 (25a, 31,33,34) - or - two vegetable patty 🍌 (25a,28) - with - pepper sauce (9,36)	kale-hemp-balls 🌱 - or - chicken nuggets 🍗 (25a) - with - lime dip (2,31,36)	coalfish filet 🌟 🐟 (26) - or - vegetable rice balls 🌱 - with - herb sauce (3,25a, 31,33,34)
	1,90 € 2,55 € 4,25 € 4,25 €	1,90 € 2,55 € 4,25 € 4,25 €	1,90 € 2,55 € 4,25 € 4,25 €	1,90 € 2,55 € 4,25 € 4,25 €	1,90 € 2,55 € 4,25 € 4,25 €
Side Dishes	broccoli (33) french fries salad dessert	mixed vegetables bread dumplings (25a,28) salad dessert	carrots bulgur (25a,33,34) salad dessert	ratatouille (2) croquettes (1,25a,30,31) salad dessert	beans with Tomato and Olive salt potatoes salad dessert
	0,75 € 0,85 € 0,85 € 0,85 €	0,75 € 0,85 € 0,85 € 0,85 €	0,75 € 0,85 € 0,85 € 0,85 €	0,75 € 0,85 € 0,85 € 0,85 €	0,75 € 0,85 € 0,85 € 0,85 €

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Order of price quotation: students, staff, guests, pupils - Changes of our offer and the allergen labelling cannot be excluded. Please note our daily plans.

🍖 pork, 🍗 = beef or veal 🍌 = vegetarian, 🍑 = lamb, 🐟 = fish, 🍗 = poultry, 🐿 = venison, 🌱 = vegan, 🌟 = better animal husbandry, additives: 1) stain, 2) preservative, 3) antioxidant, 4) flavour enhancer, 5) sulphurated, 6) blackened, 7) waxed, 8) phosphate, 9) sweetener, 10) encloses a source of phenylalanine, 11) genetically modified, 12) encloses soya oil of genetically modified soya, 18) contains form meat, 19) contains alcohol, Allergens: 25) Cereal containing gluten: 25a) Wheat, 25b) Rye, 25c) Barley, 25d) Spelt, 25e) Oat, 25f) Kamut; 26) Fish; 27) Crustaceans (Shellfish); 28) Eggs; 29) Peanuts and Tree nut; 30) Soya bean products; 31) Milk, lactose; 32) Nuts: 32a) Almonds, 32b) Queensland nuts, 32c) Hazelnuts, 32d) Pecans, 32e) Brazil nuts, 32f) Macadamia nuts, 32g) Cashew nuts, 32h) Walnuts, 32i) Pistachios; 33) Celery; 34) Mustard; 35) Sesame; 36) Sulphur dioxide and sulfide over 10mg per kilo/liter; 37) Lupines; 38) Mollusk and similar products of 25 - 38 - We are certified according to the DE-eco-regulation and are constantly updated by the DE-ÖKO-005 control point.