Speiseplan Mensa Gießberg our culinary offers from 11/03/2024 until 15/03/2024

	monday	tuesday	wednesday	thursday	friday
Seezeit-Teller	cauliflower curry with cashews (25e,32g,34) with basmati rice and mixed salad with mustard dressing (34,36) 3,50 € 4,70 € 6,70 €	pork cordon bleu (2,3,25a,31) with mushroom cream vegetables (31) and spaetzle (25a,25d,28) served with fresh fruit 3,50 € 4,70 € 6,70 €	cannellloni au gratin, filled with spinach-ricotta and tomato sauce (3,25a,28,31,33) served with raspberry curd (31) 3,50 € 4,70 € 6,70 €	veal goulash with mushrooms, onions (31) and mashed potatoes (31) served with salad (carrot, leek, celery) (33,36) 3,50 € 4,70 € 6,70 €	★ salmon ragout (broccoli,leek,kohirabi) with sesame sauce (26,35) with wholemeal rice and fresh fruit 3,50 € 4,70 € 6,70 €
KombinierBar	three Swabian ravioli with beef filling (25a,25e,28,33) and melting onions 1,90 € 2,80 € 4,20 €	jackfruit BBQ roasts (3,25e,30)with herbs sour cream (25e)1,80 € 2,60 € 3,80 €	provencal marinated chicken breast (19,30,36) with olive-rosemary sauce (6) 1,90 € 2,80 € 4,20 €	 broccolinuggets (25a,25c,28,30, 31,33) with herb dip (31) 1,80 € 2,60 € 3,80 € 	mini samosas (25a,33,34) with pineapple turmeric chutney (3,36) 1,80 € 2,60 € 3,80 €
side dishes	potato cucumber salad (33,34) french fries spring vegetables (carrots, kohlrabi, peas) mixed salad with mustard dressing (34,36) panna cotta with raspberry sauce (31) 0,80 € 0,90 € 1,00 €	potato wedges (25a) bio penne (25a) mexican vegetables (corn, kidney,bean,paprika) (34) salad (cucumber, carotts, radishes) (34,36) strawberry pudding (1,2,31) 0,80 € 0,90 € 1,00 €	basmati rice spaetzle (25a,25d,28) mixed vegetables (courgettes, mushrooms, wild garlic) tomato salad with spring onions (36) salad (cabbage, radicchio) with herb dressing (34,36) raspberry curd (31) 0,80 € 0,90 € 1,00 €	croquettes (1,25a,30,31) herb potatoes romanesco salad (radicchio, carrots) with herb dressing (34,36) cherry yoghurt (31) $0.80 \in 0.90 \in 1.00 \in$	vegetable couscous $(25a,33,34)$ indian vegetables $(3,34,36)$ rice cucumber salad (36) mousse au chocolat $(30,31)$ $0,80 \in 0,90 \in 1,00 \in$
stew	potato soup with marjoram and croutons (25a,33,34) served with div. bread (25a,25c) 3,40 € 4,60 € 5,80 €	⇒ goulash soup with beef (34) served with div. bread (25a,25c) 3,60 € 4,80 € 6,00 €	pumpkin-orange cream soup (31) served with div. bread (25a,25c) 3,40 € 4,60 € 5,80 €	\bigcirc potato soup with marjoram and croutons (25a,33,34) served with div. bread (25a,25c) 3,40 € 4,60 € 5,80 €	★ goulash soup with beef (34) served with div. bread (25a,25c) 3,60 € 4,80 € 6,00 €
Pasta Tagespreis	★ iso-pasta (25a) with sage and basil sauce and smoked bacon (2,3,31,34)	bio-pasta (25a) with turkey breast strips and pea fresh cheese sauce (2,31)	★ with organic beef bolognese "asia" (2,33,34)	bio-pasta (25a) with sage and basil sauce and smoked bacon (2,3,31,34)	bio-pasta (25a) with turkey breast strips and pea fresh cheese sauce (2,31)
Pasta vegetarisch Tagespreis	bio-pasta (25a) with gorgonzola-vegetable sauce (31,33)	bio-pasta (25a) with provencal tomato sauce (2,34)	bio-pasta (25a) with lentil chili sauce (2)	bio-pasta (25a) with gorgonzola-vegetable sauce (31,33)	bio-pasta (25a) with provencal tomato sauce (2,34)

For any questions please contact our canteenmanager Steve Hug. Phone +49 7531-978 2320 E-mail: steve.hug@seezeit.com

Order of price quotation: students, staff, guests, pupils · Changes of our offer and the allergen labelling cannot be excluded. Please note our daily plans.

pork, pork,