





















Speiseplan Mensa Friedrichshafen

our culinary offers from 18/03/2024 until 22/03/2024

	monday	tuesday	wednesday	thursday	friday
Menue I	 Macaroni casserole with turkey ham and cheese (2, 3,25a,31,33) served with salad 4,10 € 4,70 € 6,70 €	 breaded chicken schnitzel (30) with basmati wok vegetable rice (25a,28,31) and pineapple and mango compote 4,10 € 4,70 € 6,70 €	 pork schnitzel (25a) with mexican tomato sauce and coriander (2) penne (25a) salad 4,10 € 4,70 € 6,70 €	 swabian pasta with cheese with roastet onions (1,25a,25d,28,31) served with salad 4,10 € 4,70 € 6,70 €	  coalfish filett "a la Bordelaise" (25a,26) with herb hollandaise (1,19,25a,28,31,34,36) and parsley potatoes 4,10 € 4,70 € 6,70 €
Menue II	 two spinach strudel (25a,31) with tomato sauce (33,34) and salad 4,10 € 4,70 € 6,70 €	 two baked spring roll (25a,33) with basmati wok vegetable rice (25a,28,31) and pineapple and mango compote 4,10 € 4,70 € 6,70 €	 pasta (25a) with mexican tomato sauce (2) served with salad 4,10 € 4,70 € 6,70 €	 swabian pasta with cheese with roastet onions (1,25a,25d,28,31) served with salad 4,10 € 4,70 € 6,70 €	 apple strudel (1,2,3,25a,30,31,36) with vanilla sauce (31) and plum compote 4,10 € 4,70 € 6,70 €

For any questions please contact our canteenmanager Sabine Reiserer. Phone +49 7531-978 2354 E-mail: sabine.reiserer@seezeit.com

Order of price quotation: students, staff, guests, pupils · Changes of our offer and the allergen labelling cannot be excluded. Please note our daily plans.

 pork,  = beef or veal  = vegetarian,  = lamb,  = fish,  = poultry,  = venison,  = vegan,  = better animal husbandry,
 additives: 1) stain, 2) preservative, 3) antioxidant, 4) flavour enhancer, 5) sulphurated, 6) blackened, 7) waxed, 8) phosphate, 9) sweetener, 10) encloses a source of phenylalanine, 11) genetically modified, 12) encloses soya oil of genetically modified soya, 18) contains form meat, 19) contains alcohol, Allergens: 25) Cereal containing gluten: 25a) Wheat, 25b) Rye, 25c) Barley, 25d) Spelt, 25e) Oat, 25f) Kamut; 26) Fish; 27) Crustaceans (Shellfish); 28) Eggs; 29) Peanuts and Tree nut; 30) Soya bean products; 31) Milk, lactose; 32) Nuts: 32a) Almonds, 32b) Queensland nuts, 32c) Hazelnuts, 32d) Pecans, 32e) Brazil nuts, 32f) Macadamia nuts, 32g) Cashew nuts, 32h) Walnuts, 32i) Pistachios; 33) Celery; 34) Mustard; 35) Sesame; 36) Sulphur dioxide and sulfide over 10mg per kilo/liter; 37) Lupines; 38) Mollusk and similar products of 25 - 38 · We are certified according to the DE-eco-regulation and are constantly updated by the DE-ÖKO-005 control point.