























Speiseplan Mensa Friedrichshafen

our culinary offers from 12/05/2025 until 16/05/2025

	monday	tuesday	wednesday	thursday	friday
Menue I	 asian beef goulash (2,3,30,34,35,36) with basmati rice and raspberry yoghurt (31) 4,70 € 5,70 € 8,70 €	  meatloaf (2,3,33,34) with chive sauce (31,33,34) and spaetzle (25a,25d,28) served with salad 4,70 € 5,70 € 8,70 €	 chicken piccata (25a,31,37) with tomato basil sauce and pasta (25a) served with pudding with vanilla flavour (31) 4,70 € 5,70 € 8,70 €	  swabian lentils with sausage (2,3,33,34,36) and spaetzle (25a,25d,28) served with salad 4,70 € 5,70 € 8,70 €	  coalfish filett "a la Bordelaise" (25a,26) with tarragon cream sauce (31,33,34) and rice with peas served with salad or dessert 4,70 € 5,70 € 8,70 €
Menue II	 Cauliflower-coconut curry (33,34) with basmati rice and raspberry yoghurt (31) 4,20 € 5,20 € 8,20 €	 tortelloni (pepper, tomato, courgette) (25a) with chive sauce (31,33,34) served with salad 4,20 € 5,20 € 8,20 €	 pasta (25a) with with tomato basil sauce grated hard cheese (31) served with pudding with vanilla flavour (31) 4,20 € 5,20 € 8,20 €	 lentil and vegetable pot (3,34,36) with spaetzle (25a,25d,28) and salad 4,20 € 5,20 € 8,20 €	 Kaiserschmarrn with apple puree (3,25a,28,31) and berry compote served with salad or dessert 4,20 € 5,20 € 8,20 €

For any questions please contact our canteenmanager Sabine Reiserer. Phone +49 7531-978 2354 E-mail: sabine.reiserer@seezeit.com

Order of price quotation: students, staff, guests, pupils · Changes of our offer and the allergen labelling cannot be excluded. Please note our daily plans.

 pork,  = beef or veal  = vegetarian,  = lamb,  = fish,  = poultry,  = venison,  = vegan,  = better animal husbandry,
 additives: 1) stain, 2) preservative, 3) antioxidant, 4) flavour enhancer, 5) sulphurated, 6) blackened, 7) waxed, 8) phosphate, 9) sweetener, 10) encloses a source of phenylalanine, 11) genetically modified, 12) encloses soya oil of genetically modified soya, 18) contains form meat, 19) contains alcohol, Allergens: 25) Cereal containing gluten: 25a) Wheat, 25b) Rye, 25c) Barley, 25d) Spelt, 25e) Oat, 25f) Kamut; 26) Fish; 27) Crustaceans (Shellfish); 28) Eggs; 29) Peanuts and Tree nut; 30) Soya bean products; 31) Milk, lactose; 32) Nuts: 32a) Almonds, 32b) Queensland nuts, 32c) Hazelnuts, 32d) Pecans, 32e) Brazil nuts, 32f) Macadamia nuts, 32g) Cashew nuts, 32h) Walnuts, 32i) Pistachios; 33) Celery; 34) Mustard; 35) Sesame; 36) Sulphur dioxide and sulfide over 10mg per kilo/liter; 37) Lupines; 38) Mollusk and similar products of 25 - 38 · We are certified according to the DE-eco-regulation and are constantly updated by the DE-ÖKO-005 control point.