





















Speiseplan Mensa Friedrichshafen

our culinary offers from 11/03/2024 until 15/03/2024

	monday	tuesday	wednesday	thursday	friday
Menue I	 two slices of roast beef with gravy, red cabbage with apple (2,3,33,34) and spaetzle (25a,25d,28) 4,10 € 4,70 € 6,70 €	 pulled turkey with BBQ sauce (34), coleslaw salad (3,36) and flatbread (25a,25c) 4,10 € 4,70 € 6,70 €	 pork neck steak with fried onions and mustard sauce (25a,34) served with hash browns 4,10 € 4,70 € 6,70 €	 Currywurst with sauce (2,33,34) and spicy baked potatos served with salad 4,10 € 4,70 € 6,70 €	  fried fish (25a,26,31) with vegetable couscous (25a,33,34) and lemon dip (3,30,34) served with dessert 4,10 € 4,70 € 6,70 €
Menue II	 spinach dumplings (25a,31) with red cabbage (3,33,34) and Parmesan cheese 4,10 € 4,70 € 6,70 €	 vegetable coriander kebab (25c,25e) with BBQ sauce (34), coleslaw salad (34,36) and flatbread (25a,25c) 4,10 € 4,70 € 6,70 €	 hash browns with chives-tomato quark (31) with salad 4,10 € 4,70 € 6,70 €	 curry sausage sliced with sauce (3) and spicy baked potatos served with salad 4,10 € 4,70 € 6,70 €	 two breaded baked cheeses (25a,25b,31) with vegetable couscous (25a,33,34), lemon dip (31) and dessert 4,10 € 4,70 € 6,70 €

For any questions please contact our canteenmanager Sabine Reiserer. Phone +49 7531-978 2354 E-mail: sabine.reiserer@seezeit.com

Order of price quotation: students, staff, guests, pupils · Changes of our offer and the allergen labelling cannot be excluded. Please note our daily plans.

 pork,  = beef or veal  = vegetarian,  = lamb,  = fish,  = poultry,  = venison,  = vegan,  = better animal husbandry,
 additives: 1) stain, 2) preservative, 3) antioxidant, 4) flavour enhancer, 5) sulphurated, 6) blackened, 7) waxed, 8) phosphate, 9) sweetener, 10) encloses a source of phenylalanine, 11) genetically modified, 12) encloses soya oil of genetically modified soya, 18) contains form meat, 19) contains alcohol, Allergens: 25) Cereal containing gluten: 25a) Wheat, 25b) Rye, 25c) Barley, 25d) Spelt, 25e) Oat, 25f) Kamut; 26) Fish; 27) Crustaceans (Shellfish); 28) Eggs; 29) Peanuts and Tree nut; 30) Soya bean products; 31) Milk, lactose; 32) Nuts: 32a) Almonds, 32b) Queensland nuts, 32c) Hazelnuts, 32d) Pecans, 32e) Brazil nuts, 32f) Macadamia nuts, 32g) Cashew nuts, 32h) Walnuts, 32i) Pistachios; 33) Celery; 34) Mustard; 35) Sesame; 36) Sulphur dioxide and sulfide over 10mg per kilo/liter; 37) Lupines; 38) Mollusk and similar products of 25 - 38 · We are certified according to the DE-eco-regulation and are constantly updated by the DE-ÖKO-005 control point.